

# Wild Jordan Breakfast

## A Guaranteed Good Morning

### Traditional Breakfast

<b>Foul</b> .....	1.75
<b>Hummus</b> .....	1.75
<b>Moutabal</b> .....	1.75
<b>Labaneh Balls</b> .....	2.95
Plain or coated with za'atar or sesame	
<b>Grilled Halloumi</b> .....	3.95
<b>White Local Cheese</b> .....	3.95
<b>Fresh Za'atar</b> with olive oil .....	1.95
<b>Dukka</b> with olive oil .....	1.95
A ground mix of roasted wheat, dried coriander, ground cumin, dried dill, ground sumac, caraway, sesame seeds, red peppers and salt	
<b>Falafel</b> (5 pieces) .....	1.75
<b>Saj</b> .....	2.95
White cheese, za'atar, or falafel with tahini sauce	
<b>Qalaya</b> .....	2.75
Mildly spicy cooked tomatoes	
<b>Grilled Imshat</b> .....	2.50
Grilled cauliflower patties	
<b>Seasonal Mixed Vegetable Platter</b> .....	2.25
<b>Mixed Homemade Pickles</b> .....	2.25
<b>Homemade Makdous</b> .....	2.25
Stuffed small eggplant with walnuts and mild chilli peppers	
<b>Black or Green Olives</b> .....	2.25
<b>Reserve Honey</b> .....	1.75
<b>Reserve Jam</b> .....	1.75
<b>Local Dates</b> .....	1.95
<b>Date Molasses</b> served with tahini sauce .....	1.95

The above is served with whole wheat pita and whole wheat taboun or local pita and taboun bread

### Large Traditional Breakfast

20.00 (meal for 4)

Hummus, foul, mofarakah potato, saj cheese and za'atar, plain labaneh balls, grilled halloumi, qalaya, makdous, green and black olives, mixed pickles, seasonal mixed vegetable platter  
Served with pita and taboun bread (white bread or whole wheat)

### Eggs

<b>Eggs Any Style</b> .....	3.50
Your choice of omelette, scrambled, poached, sunny side up, over easy, hardboiled	
<b>Mofarakah</b> .....	3.50
Eggs with potatoes and a dash of parsley	
<b>Local Frittata</b> .....	3.50
Baked eggs, parsley and onions	
<b>Eggs Benedict with Salmon</b> .....	5.25
Poached with smoked salmon and hollandaise sauce	
<b>Egg Muffin</b> .....	3.95
Oven baked eggs cooked with light cream and herbs served with grilled tomato and mushroom	

The above is served with grilled hash brown, grilled mushroom, cherry tomato and fresh zaatar, whole wheat pita and whole wheat taboun or local pita and taboun bread

### Continental Breakfast

<b>French Toast</b> .....	2.95
Two pieces of white or rye toast topped with reserve honey or maple syrup	
<b>Pancakes</b> .....	3.00
Extra toppings vary	
<b>Gluten-Free Pancakes</b> .....	5.50
Extra toppings vary	
<b>Chocolate or Strawberry Crêpe</b> .....	3.25
<b>Organic Muesli</b> .....	4.95
With fresh yoghurt	
<b>Organic Granola</b> .....	4.95
Extra toppings vary	
<b>Fresh Yoghurt Parfait</b> .....	3.75
Yoghurt, toasted organic granola with (berry, strawberry or apple) in fresh orange juice and flax seeds	
<b>Porridge</b> .....	2.25
Extra toppings vary	
<b>Oats and Fresh Yoghurt</b> .....	2.95
With honey, walnuts and a dash of cinnamon	
<b>Organic Cereal</b> .....	6.95
With fresh milk and seasonal fruit	
<b>Fresh Yoghurt</b> .....	1.50
Extra toppings vary	

### Extra Toppings

<b>Fresh Seasonal Toppings</b> .....	0.75
Apple, banana, orange, and seasonal fruits	
<b>Frosting</b> .....	1.50
Organic syrup, organic chocolate syrup, organic maple syrup, reserve honey, reserve jam	

<b>Milk</b> .....	4.50
Soy milk, almond milk	
<b>Nuts</b> .....	1.00
Walnuts, almonds, sunflower seeds, pumpkin seeds, flax seeds	

# Wild Jordan Meals and Dishes

## Indulge In The Freshness

### Soups

<b>V Traditional Lentil Soup</b> .....	3.50
Served with toasted white pita bread	
<b>V Seasonal Vegetable Soup</b> .....	3.50
Clear vegetable broth with mixed seasonal vegetables	
<b>Soup of the Day</b> (ask your waiter) .....	3.50

### Salads

<b>V Quinoa Salad</b> .....	4.95
Rocca, quinoa, local sundried tomatoes, with a pinch of cheese and pine seeds with dill lemon dressing	
<b>V Walnut Apple Flax Salad</b> .....	4.25
Chunks of apples, mixed greens, walnuts and flax seeds with Dijon honey dressing	
<b>V Mixed Bean Salad</b> .....	4.95
Mixed beans, local sundried tomatoes, local white cheese and seasonal herbs, with lemon dressing	
<b>V Black lentil Tabouleh</b> .....	4.95
Parsley, black lentils, tomato, mint with olive oil and lemon dressing	
<b>V Baladi Salad</b> .....	4.95
Green onions, tomato, lettuce, green mint and sumac	
<b>V Mixed Chef Salad</b> .....	4.95
Seasonal fresh vegetables with green olives and local prunes with vinegar dressing	
<b>V Wild Rocca Salad</b> .....	4.95
Rocca, red radish, mushrooms, cherry tomatoes and toasted walnuts with lime dressing	



## Sustainable Living . Local Nature . Ethical . Community

### Oriental Meal of the Day

(ask your waiter)	
Salad, oriental dish, dessert .....	10.00

### Light Wraps & Sandwiches

All sandwiches and light wraps are served with a side salad

<b>V Labaneh</b> .....	3.75
Cucumbers, rocca, black olives, tomatoes and mint	
<b>V Tabbouleh and Feta</b> .....	3.95
Served on whole wheat taboun bread	
<b>V Grilled Halloumi</b> .....	5.50
Halloumi, tomatoes and homemade pesto on multigrain bread	
<b>V Grilled Vegetable Sandwich</b> .....	4.25
Seasonal grilled vegetables, rocca and hazelnut, crushed nuts and paprika sauce on rye bread	
<b>Mini Sandwich Mix</b> .....	5.75
<b>V Labaneh, rocca, and beetroot</b> in whole wheat pita bread, tabbouleh and feta on whole wheat taboun bread, hummus with whole wheat pita bread	
<b>- OR -</b>	
Smoked turkey on multigrain bread, homemade roast beef on rye bread, salmon on multigrain bread	
<b>Open-Faced Smoked Salmon and Avocado</b> .....	7.95
Salmon with avocado mousse and dill on multigrain bread	
<b>Musakhan Rolls</b> .....	6.95
Saj bread, onions, sumac and shredded chicken pieces served with fresh yoghurt and cucumber	
<b>Mujib Chicken Sandwich Mix</b> .....	6.95
Chicken with avocado mousse, chicken with tahini sauce and chicken with garlic paste on rye bread	
<b>Turkey Sandwich</b> .....	6.95
Smoked turkey with paprika and crushed nut paste on rye bread	
<b>Roast Beef Sandwich</b> .....	7.95
Homemade roast beef with red lettuce and cucumber pickles served on rye bread	
<b>Gluten-free bread available upon request</b> .....	2.00

## Kids' Corner

<b>Spaghetti</b> .....	3.95
Bolognese tomato sauce or cream sauce	
<b>Grilled Chicken Tenders</b> .....	3.95
Served with grilled potatoes and mixed salad	
<b>Mini-Lean Burger</b> .....	4.25
Served on a white bread bun with grilled potatoes and a mixed salad	

## Wild Jordan Beverages

### Sip Your Way To Health

#### Healthy Mains

<b>V Oven-Baked Eggplants</b> .....	4.25
Eggplant, chopped tomatoes, garlic, onions, chickpeas topped with roasted onion rings served on bulgur	
<b>V Qalaya with Buckwheat</b> .....	5.50
Mildly spicy cooked tomatoes served with buckwheat	
<b>V Penne Pasta</b> .....	7.95
With your choice of tomato sauce, homemade pesto sauce, cream sauce or aglio e olio	
*Gluten-free and organic penne pasta available	
<b>Shaumari Clay Pot Spicy Chicken</b> .....	7.50
Marinated spicy chicken with coriander and curry served with basmati rice	
<b>Finan Grilled Circassian Chicken</b> .....	7.50
Grilled chicken breast stuffed with circassian white cheese, served with grilled baby potatoes, grilled vegetables and tomato parmesan sauce	
<b>FIFA Chicken Legs with Buckwheat</b> .....	7.95
Grilled chicken legs, cooked with buckwheat and a side dish of fresh yoghurt	
<b>Umm Qais Grilled Chicken</b> .....	7.75
Marinated in fresh garden herbs, served with black olive sauce, lemon zest potato and grilled vegetables	
<b>Dana Grilled Beef</b> .....	16.50
Grilled beef with steamed green beans and roasted baby potatoes with tomato sauce on the side	
<b>Azraq Lamb Chops with Freekeh</b> .....	16.50
Lamb chops with freekeh, served with a side dish of fresh yoghurt	
<b>Mujib Salmon Steak</b> .....	14.00
Whole and mashed black lentils, cherry tomatoes and rocca	
<b>Yarmouk Grilled Sea Bass</b> .....	14.00
Onion, pea puree and eggplant mousse with lemon jam	

#### Homemade Desserts

<b>Ice Cream</b> (per scoop) .....	1.75
<b>Chocó Banana Crepe</b> .....	3.95
<b>Apple Pie</b> .....	3.95
<b>Chocolate Cake</b> .....	3.95
<b>Mahalabiya</b> .....	2.25
Chilled thickened milk with mastic gum, served with reserve honey	
<b>Carrot Loaf</b> .....	3.25

#### Fresh Juices & Smoothies

3.75

Fresh seasonal fruits are used in all our juices and smoothies

##### Fresh Juice

Orange, carrot, strawberry, apple, banana, kiwi, lemon or tomato

##### Fresh Juice Cocktail

Choose a combination from any of our available fruits

##### Frozen Lemonade Smoothie

Lemon, zest of lime and mint

##### Apple Kiwi Smoothie

Apples and mint blended with fresh yoghurt and kiwi ice cream

##### Orange Lemonade Smoothie

Slices of orange and lemon blended with oranges and lemon juice

##### Freshness Smoothie

Fresh strawberries, mint and lime

##### Wild Smoothie

Oranges, strawberries, bananas and light vanilla ice cream

##### Purple Rain Smoothie

Light blueberry ice cream, fresh strawberries and chilled fresh yoghurt

##### Date Smoothie

Dates and mint with skimmed fresh milk

##### Berry Green Wild Jordan Smoothie

A mix of vegetables, fruits and protein

#### Green Cocktails

3.25



##### Romaine Apple Mint

Apples, head of romaine lettuce, handful of mint and lemon

##### Banana Pie

Bananas, broccoli, apples and cinnamon

##### Cucumber Ginger

Apples, cucumbers, ginger and mint

##### Green Detox

Apples, kiwi, celery, reserve honey, spinach leaves and lime juice

##### Lovely Summer

Melon, apricot, cinnamon, celery

##### P&B

Peach, black berry, peas, pears

##### Shaumari

Watermelon, mint, green apple, avocado

##### Green Goddess

Avocado, banana, blueberries, cucumber

##### Yogo Berry

Mixed berries, spinach, yougurt

**Wild . Rugged . Adventurous**  
**Jordanian . Healthy . Natural**

Soft Drinks	
<b>Bario</b> .....	3.50
Non-alcoholic beer	
<b>Fizzy Drinks</b> .....	2.50
Pepsi, Diet Pepsi, 7 Up, Diet 7 Up	
<b>g+ Ginseng</b> .....	2.75
Soda water, ginger ale, pink lemonade, bitter lemon, tonic water, cranberry, grenadine	
<b>Energy Drinks</b> .....	3.50
Red Bull, Red Bull Sugarfree	

Still & Sparkling Water	
<b>1L Filtered Water</b> .....	0.50
<b>San Benedetto Still Water (large)</b> .....	3.25
<b>Small Perrier</b> .....	3.25
<b>Large S. Pellegrino</b> .....	4.95

Tchaba Ice Tea cocktails	
4.25	
<b>Iced Peach</b>	
Peach syrup, brown sugar, fresh lemon juice and ice blended with royal breakfast tea	
<b>Ginger Calm</b>	
Cranberry juice, grenadine syrup, fresh ginger and ice blended with ginger calm tea	

Coffee	
<b>Turkish Coffee</b> .....	1.75
<b>Organic Italian Coffee</b> .....	4.50
<b>Nespresso Coffee</b>	
<b>Ristretto (Espresso)</b> .....	3.50
<b>Lungo (American Coffee)</b> .....	3.50
<b>Decaffeinated (Nespresso)</b> .....	3.50
<b>Leggero (Cappuccino)</b> .....	3.75
<b>Iced Macchiato</b> .....	3.75
<b>Latte Macchiato</b> .....	3.75
<b>Espresso Macchiato</b> .....	3.75
<b>Nespresso Coffee Cocktails</b>	
<b>Chocolate Dream</b> .....	4.50
Ristretto coffee, chocolate ice cream, topped with whipped cream, chocolate chip and mint	
<b>Iced Hazelnut Macchiato</b> .....	4.50
Decaffeinated espresso, hazelnut syrup and crushed ice	
<b>Almond Coffee</b> .....	4.50
Espresso Leggero, almond syrup and hot milk topped with whipped cream	

Signature Reserve Teas	
3.00	
<b>Sage Herbal Tea</b>	
<b>Rosemary Herbal Tea</b>	
<b>Thyme Herbal Tea</b>	
<b>Verbena Herbs (Malleeseh)</b>	

**Explore. Enjoy. Engage. Sustain.**

Tchaba Tea Selection	
3.75	
<b>Royal Breakfast (morning)</b>	
A mild blend of black tea leaves; Best enjoyed with milk and sugar	
<b>Green Tea Curls (night)</b>	
Green tea leaves; Rich in antioxidants	
<b>Earl Grey Flora (morning)</b>	
Black tea, bergamot oil, and violets; Best enjoyed with honey	
<b>Moroccan Nights (anytime)</b>	
Green tea and mint, refreshing; Enjoyed with sugar	
<b>Masala Chai (morning)</b>	
Black tea, black pepper, cardamom, ginger and star anise Rich in spices; Best enjoyed with honey and milk	
<b>Jasmine Haze (night)</b>	
White tea and jasmine blossom; Best enjoyed after dinner	
<b>Rosa (night)</b>	
White tea, green tea and rose petals, full of antioxidants; Known for fighting aging and controlling weight	
<b>Chamomile Breeze (night)</b>	
Chamomile, mint, hibiscus, lemongrass and orange peel; Calming and best enjoyed with honey	
<b>Ginger Calm (night)</b>	
Ginger, lemon, orange peels, licorice, mint and lemongrass; Boosts the immunity system	

**Ask your waiter for a selection of garden grown herbs with boiled water** ..... 1.75



**مركز البرية  
الأردن  
Wild Jordan  
Center**