## Wild Jordan Center Breakfast A Guaranteed Good Morning

## TRADITIONAL BREAKFAST

Foul	1.95
Hummus	1.95
Moutabal	4 0 5
Labaneh Balls	3.25
Plain or coated with za'atar or sesame	
Grilled Halloumi	4.25
White Local Cheese	4.25
Fresh Za'atar with olive oil	
Dukka with olive oil	2.25
A ground mix of roasted wheat, dried	
coriander, ground cumin, dried dill, ground	
sumac, caraway, sesame seeds, red	
peppers and salt	
Falafel (5 pieces)	1.75
Saj	3.25
White cheese, za'atar, or falafel with tahini	
sauce	
Qalaya	2.95
Mildly spicy cooked tomatoes	
Grilled Imshat	2.50
Grilled cauliflower patties	
Seasonal Mixed Vegetable Platter	
Mixed Homemade Pickles	2.25
Homemade Makdous	2.50
Stuffed small eggplant with walnuts and	
mild chilli peppers	
Black or Green Olives	2.50
Reserve Honey	1.95
Reserve Honey Reserve Jam	1.95
Date Molasses served with tahini sauce	1.95
Fatteh Hummus	3.50
Fatteh Hummus with meat	
The above is served with whole wheat pita and whole who or local pita and taboun bread	eat taboun

## LARGE TRADITIONAL BREAKFAST 20.00 (meal for 4)

Hummus, foul, mofarakah potato, saj cheese and za'atar, plain labaneh balls, grilled halloumi, qalaya, makdous, green and black olives, mixed pickles and seasonal mixed vegetable platter.

Served with whole wheat pita or local pita and taboun bread

## **EGGS**

Eggs Any Style ( 3 eggs ) Your choice of omelette, scrambled, poached, sunny side up, over easy or hardboiled	3.95
Mofarakah	3.95
Eggs with potatoes and a dash of parsley	
Local Frittata	3.95
Baked eggs, parsley and onions	
Eggs Benedict with Salmon	5.95
Poached eggs with smoked salmon and	3.55
hollandaise sauce	
Egg Muffin	4.25
Oven baked eggs cooked with light cream and herbs served with grilled tomato and mushroom	5
3	

The above is served with grilled hash brown, grilled mushroom, cherry tomato and fresh zaatar, whole wheat pita and whole wheat taboun or local pita and taboun bread

## **CONTINENTAL BREAKFAST**

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	French Toast	3.50
	Two pieces of white or rye toast topped with	
	reserve honey or maple syrup	
	Pancakes	3.50
	Extra toppings vary	
	Gluten-Free Pancakes	6.00
	Extra toppings vary	
	Chocolate or Strawberry Crêpe	3.50
	Organic Muesli	5.25
	With fresh yoghurt	
	Organic Granola	5.25
	Extra toppings vary	
	Fresh Yoghurt	1.50
	Extra toppings vary	
	Oats and Fresh Yoghurt	3.25
	With honey, walnuts and a dash of cinnamon	
	Fresh Yoghurt Parfait	2.95
	Yoghurt, toasted organic granola with (berry,	
	strawberry or apple) in fresh orange juice and	
	flax seeds	
	Strawberry Parfait	2.95
	Yoghurt and strawberries topped with blanched	
	almonds	2.05
	Banana Parfait	2.95
	Yoghurt, bananas and oats topped with	
	blanched almonds	

## **EXTRA TOPPINGS**

Fresh Seasonal Toppings 0.7 Apple, banana, orange, and seasonal fruits	75	Non-dairy milk A full glass of soy or almond milk	4.50
Frosting 1.5 Organic syrup, organic chocolate syrup, organic	50	Nuts Walnuts, almonds, sunflower seeds, pumpkin	1.00
maple syrup, reserve honey and reserve jam		seeds and flax seeds	

## Wild Jordan Center Meals and Dishes Indulge In The Freshness

## **SOUPS**

V Traditional Lentil Soup	3.00
Served with toasted brown baguette	
Soup of the Day (ask your waiter)	3.00

## **SALADS**

V Quinoa Salad	5.25
Rocca, quinoa, local sundried tomatoes, with a	
pinch of cheese and pine seeds with dill lemon	
dressing	
V Walnut Apple Flax Salad	4.25
Chunks of apples, mixed greens, walnuts and flax	
seeds with Dijon honey dressing	
V Black lentil Tabouleh	4.25
Parsley, black lentils, tomato, lettuce, mint with	
olive oil and lemon dressing	
V Wild Rocca Salad	4.95
Rocca, red radish, mushrooms, cherry tomatoes and	d ////
toasted walnuts with lime dressing	
V Fatoush Za'atar Salad	4.50
Fresh za'atar, tomatoes, cucumbers, green onions,	
lettuce, colored bell peppers, toasted pita bread wit	h
pomegranate molasses dressing	
<u>V</u> Foul Salad	4.50
Green fava beans, cherry tomatoes, colored bell	
peppers, red onions, toasted sesame seeds with	
vinaigrette dressing and a sprinkle of sumac	
V Sweet Potato Salad	4.50
Baby spinach, radish shavings, green beans, cherry	
tomatoes, segments of orange with citrus dressing	
V Stuffed Sweet Pepper With Freekeh Salad	5.50
Roasted bell peppers stuffed with a mixture of	
freekeh, green onions, pine nuts with pomegranate	
sauce	

# LIGHT WRAPS & SANDWICHES

All sandwiches and light wraps are served with a side sale	ad
Grilled Halloumi  Halloumi, tomatoes and homemade pesto on multigrain bread	5.50
Open-Faced Smoked Salmon and Avocado	7.95
Musakhan Rolls Saj bread, onions, sumac and shredded chicken served with fresh yogurt and cucumber	. 6.95
Dibeen Chicken Shawerma Saj bread with chicken shawerma, tahini sauce and pickles served with grilled wedged potatoes	3.95
Dana Oriental Burger  Kofta burger, with roasted tomato, tahini sauce served with grilled wedged potatoes	4.95
V Grilled Cheese Sandwich Buttered toast with mozzarella and cheddar cheese served with crudités and a tomato dip	4.25
Marinated shredded beef rolled in shraq bread served with tahini dip, onions and sumac	5.50
	8.25
	5.25
*Gluten-free bread available upon request	

# Sustainable Living . Local Nature . Ethical . Community

### Oriental Meal of the Day

(ask your waiter)
Salad, oriental dish, dessert \_\_\_\_\_\_10.00



Spaghetti	3.95
Bolognese tomato sauce or cream sauce	
Grilled Chicken Tenders	3.95
Served with grilled potatoes and mixed salad	
Mini-Lean Burger	4.50
Served with white bread bun with grilled	
potatoes and mixed salad	

## **HEALTHY MAINS**

V Oven-Baked Eggplants Eggplant, chopped tomatoes, garlic,	4.25
onions, chickpeas topped with roasted onion	
rings served on bulgur	
<u>V</u> Penne Pasta	7.95
With your choice of tomato sauce, homemade	
pesto sauce, cream sauce or aglio e olio sauce	
*Gluten-free, organic or whole wheat pasta is available	
Shaumari Clay Pot Spicy Chicken	7.95
Marinated spicy chicken with coriander and curry	
served with basmati rice	
Finan Grilled Circassian Chicken	7.50
Grilled chicken breast stuffed with Circassian	
white cheese, served with grilled vegetables and	
tomato Parmesan sauce	
Umm Qais Grilled Chicken	7.75
Marinated in fresh garden herbs, served with	
black olive sauce, lemon zest, potato and grilled	
vegetables	
Mujib Salmon Steak	14.00
Whole and mashed black lentils, cherry tomatoes	
and rocca	7.05
Feynan Veal With Sweet Potato And Sage Butter	7.95
Grilled yeal with roasted sweet potatoes and	
broccoli served with sage sauce	7.75
Azraq Lamb Skewers  Grilled lamb cubes with onions, mushrooms,	7.75
zucchini and eggplant served with roasted	
potatoes and a mint sauce	
Yarmouk Fish Fillet	9.25
Hamour fish fillet with spicy bell peppers, onions,	7.23
pine nuts and roasted potatoes or roasted sweet	
potatoes	
V Koshari	4.50
Black lentils, rice, macaroni and chili pepper relish	
with a garnish of caramelized onions	

## **HOMEMADE DESSERTS**

Ice Cream (per scoop)	1.75
Chocó Banana Crepe	3.95
Mahalabiya	2.25
Chilled thickened milk with mastic gum,	
served with reserve honey	
Dessert of the day	3.50
Ask your waiter for the dessert of the day	
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# Wild. Rugged. Adventurous Jordanian. Healthy. Natural

## Wild Jordan Center Beverages Sip Your Way To Health

## FRESH JUICES & SMOOTHIES 3.75

Fresh seasonal fruits are used in all our juices and smoothies

#### Fresh Juice

Orange, carrot, strawberry, apple, banana, kiwi, lemon or tomato, pomegranate and organic lemonade

#### Fresh Juice Cocktail

Choose a combination from any of our available fruits

#### Frozen Lemonade Smoothie

Lemon, zest of lime and mint

#### **Apple Kiwi Smoothie**

Apples and mint blended with fresh yogurt and kiwi ice cream

#### Orange Lemonade Smoothie

Slices of orange and lemon blended with orange and lemon juice

#### **Freshness Smoothie**

Fresh strawberries, mint and lime

#### Wild Smoothie

Orange juice, strawberries, bananas and light vanilla ice cream

#### **Purple Rain Smoothie**

Light blueberry ice cream, fresh strawberries and chilled fresh yogurt

#### **Date Smoothie**

Dates and mint with skimmed fresh milk

#### **Garden Smoothie**

Pomegranate, apple, peach, honey and fresh milk

#### **Nutty Smoothie**

Strawberry ice cream, banana, skimmed milk, pomegranate molasses, sesame and almonds

# GREEN AND VEGGIE COCKTAILS 3.25

#### Romaine Apple Mint

Apples, head of romaine lettuce, handful of mint and lemon

#### **Cucumber Ginger**

Apples, cucumbers, ginger and mint

#### **Green Detox**

Apples, kiwi, celery, honey from reserves, spinach leaves and lime juice

#### **Groovy Green**

Banana, mandarin, plain yogurt, apple, fresh spinach leaves with honey from reserves

#### Red Riser

Beetroots, carrots, strawberries, blood oranges and celery sticks

#### **Coriander Honey**

Coriander, avocado, banana and honey

#### **Cinnamon Berry**

Cucumber, spinach, strawberry, banana and cinnamon

#### Purifie

Avocado, cherry tomatoes, green onions, honey, grapefruit and apple

#### Lemonieh

Organic lemon, honey, mastika, ginger with hot water



### **STILL & SPARKLING WATER**

1L Filtered Water	0.50
S. Pellegrino - Sparkling Water (large)	4.95
San Benedetto - still water (500 ml)	2.75
Perrier (small)	3.50
S. Pellegrino (small)	3.50

## Tchaba Ice Tea cocktails

#### **Iced Peach**

Peach syrup, brown sugar, fresh lemon juice and ice blended with royal breakfast tea

#### **Iced Berry**

Cranberry juice, grenadine syrup, fresh ginger and ice blended with ginger calm tea

### **COFFEE**

Turkish Coffee Organic Italian Coffee Esbarlo (Barley Coffee)	3.95
Nespresso Coffee	
Ristretto (Espresso)	2.95
Lungo (American Coffee)	
Decaffeinated (Nespresso)	2.95
Leggero (Cappuccino)	3.25
Iced Macchiato	3.25
Latte Macchiato	3.25
Espresso Macchiato	3.25
Nespresso Coffee Cocktails	
Chocolate Dream	3.95
Ristretto coffee, chocolate ice cream, topped	
with whipped cream, chocolate chip and mint	
Iced Hazelnut Macchiato	3.95
Decaffeinated Espresso, hazelnut syrup and	
crushed ice	
Almond Coffee	3.95
Espresso Leggero, almond syrup and hot milk	
tonned with whinned cream	

## Signature Reserve Teas 2.75

#### Sage Herbal Tea

Rosemary Herbal Tea

Thyme Herbal Tea

Verbena Herbs (Malleeseh)

## TCHABA TEA SELECTION 3.25

#### **Royal Breakfast**

A mild blend of black tea leaves. Best enjoyed with milk and sugar

#### **Green Tea Curls**

Green tea leaves. Rich in antioxidants

#### **Earl Grey Flora**

Black tea, bergamot oil, and violets. Best enjoyed with honey

#### **Moroccan Nights**

Green tea and mint. Refreshing and best enjoyed with sugar

#### Masala Cha

Black tea, black pepper, cardamom, ginger and star anise. Rich in spices. Best enjoyed with honey and milk

#### Jasmine Haze

White tea and jasmine blossom. Best enjoyed after dinner

#### Rosa

White tea, green tea and rose petals, full of antioxidants. Known for fighting aging and controlling weight

#### **Chamomile Breeze**

Chamomile, mint, hibiscus, lemongrass and orange peel. Calming and best enjoyed with honey

#### **Ginger Calm**

Ginger, lemon, orange peels, licorice, mint and lemongrass. Boosts the immunity system

Add soy or almond milk ...... 1.00

## Fresh Garden Herbs 1.75

Ask your waiter about our selection of fresh garden herbs served with boiled water

#### Sahlab 2.50

Warm milk thickened by cornstarch and sugar to taste and topped with a dash of cinnamon

Explore. Enjoy. Engage. Sustain.

