

Summer Lunch and Dinner Menu 2020

Breakfast menu served separately

Daily Breakfast: 9:00 a.m. – 12:00 p.m. | Weekends: 9:00 a.m. – 1:00 p.m.

SOUPS, SALADS & STARTERS

VV Traditional Lentil Soup	3.50
served with toasted brown pita bread	
VV Quinoa Salad	5.50
white and red quinoa mixed with rocca, cherry tomatoes and orange infused raisins, topped with orange citrus vinaigrette	
VV Walnut Apple Flax Salad	4.75
chunks of apples, mixed greens, walnuts and flax seeds with dijon honey dressing	
V Halloumi Salad	4.50
grilled halloumi, mushrooms, sesame seeds, local lettuce, cherry tomatoes with pomegranate sauce	
VV Fatoush Za'atar Salad	4.50
fresh za'atar, tomatoes, cucumbers, green onions, lettuce, colored bell peppers, toasted pita bread with pomegranate molasses dressing	
VV Strawberry Avocado Salad	4.75
freekeh with kale, rocca, avocados and strawberries, with an orange balsamic vinaigrette sauce and a sprinkle grilled pine nuts on top	
V Goat Cheese Salad	4.75
a mix of local lettuce, rocca, dried apricots, dates, pomegranate seeds, caramelized walnuts with a honey mustard pomegranate sauce and goat cheese balls	
V Power Bowl (myskinnyseasons)	6.95
avocado, kale, quinoa, grilled sweet peppers, roasted broccoli, chickpeas with honey mustard dressing	
Chicken Avocado Salad	5.75
a mix of local lettuce, avocados, spring onions, grilled chicken breast and crumbled white feta cheese with citrus dressing	
Shawerma Salad ^{New}	?
shredded chicken shawerma, mixed greens, tomatoes, pitted local olives and grilled eggplant topped with a tahini and thyme dressing	
Salad add on	
avocado	1.50
beef strips	3.00
grilled chicken breast	2.00
smoked salmon	3.00
free range boiled egg	1.50
baked falafel balls	0.50
feta cheese	1.50
Mezze Sampler Platter	5.50
hummus, moutabal, baked falafel balls served with pita or whole wheat taboun bread	

KIDS' CORNER

Spaghetti	4.50
bolognese with a homemade tomato sauce or cream sauce	
Grilled Chicken Tenders	3.95
served with grilled wedged potato wedges, mixed salad	
Mini-Lean Burger	4.95
served with grilled potato wedges, mixed salad	

TRADITIONAL MEAL FOR 4

32.00

hummus, moutabal, potato mofarakah with mushrooms, fatoush salad, grilled halloumi, qalaya, chicken shawerma platter, meat shawerma platter, tahini dip, garlic dip, green and black olives, mixed pickles with seasonal mixed vegetables.

The above is served with pita or whole wheat taboun and filtered water

ORGANIC MEAL OF THE DAY

(ask your server)

salad, organic dish, dessert	15.00
------------------------------------	-------

LOCAL MEAL DEAL

(ask your server)

salad, local dish, dessert	10.00
----------------------------------	-------



V Vegetarian VV Vegan GF gluten free *no added sugar

Prices are subject to 10% service charge and 16% sales tax.

1 JD donation for King Hussein Cancer Foundation will automatically be added to your bill over 25JD, kindly inform us otherwise

LIGHT WRAPS & SANDWICHES

All sandwiches and light wraps are served with a side salad

VV Baked Falafel Slider	3.75
baked falafel patties topped with tahini sauce, pickles and mixed herbs served in mini arabic bread patties	
V Grilled Halloumi	4.50
halloumi, tomatoes, sundried tomato paste and homemade pesto in multigrain bread	
Musakhan Rolls	7.25
shrak bread, onions, sumac and shredded chicken served with fresh yoghurt and cucumber	
Fifa Beef Shawerma	5.50
marinated shredded beef rolled in shrak bread served with tahini sauce, onions and sumac	
Dibeen Chicken Shawerma	4.95
shrak bread with chicken shawerma, tahini sauce and pickles served with grilled potato wedges	
Dana Oriental Burger	4.95
kofta burger, with roasted tomato, tahini sauce served with grilled potato wedges (may be served with lettuce only)	
Open-Faced Smoked Salmon and Avocado	8.25
salmon with avocado mousse and dill on sourdough bread	
Chicken Tortilla Wrap	5.95
sautéed chicken breast with bell peppers, white onions, cajun sauce, soy sauce wrapped in tortilla bread with melted cheddar cheese (may be served in a lettuce wrap)	
Steak Sandwich	7.25
grilled tenderloin steak served with caramelized onion and a yoghurt horseradish sauce in multigrain bread	
Add on: melted cheddar cheese	
VV Grilled Vegetable Wrap	3.50
grilled cauliflower, potatoes, eggplants and tahini sauce in shrak bread, served with a tahini dip	
VV Hummus Vegetable Wrap (cookedwithpassion)	2.95
hummus, tomatoes, cucumbers, black olives, thyme infused olive oil, chopped mint wrapped with 'reef' bread	
*Gluten-free bread available upon request	
	2.00

WHOLE SOME MAINS

Shaumari Clay Pot Spicy Chicken	7.50
marinated spicy chicken with coriander and curry served with basmati rice	
Ajloun Grilled Circassian Chicken	7.95
grilled chicken breast stuffed with circassian white cheese, served with grilled potato wedges, grilled vegetables with a home-made tomato parmesan sauce	
Umm Qais Grilled Chicken	7.95
marinated in fresh garden herbs, served with black olive sauce, lemon zest, grilled potato wedges and vegetables	
Azraq Grilled Lamb Chops	12.50
with onions, mushrooms, zucchini and eggplant served with grilled potato wedges and mint sauce	
Dana Sea Bass	9.75
sea bass served with grilled broccoli patties, with sautéed potatoes, carrots, sweet peppers, zucchini and a lemon garlic sauce	
Grilled Chicken Vegetable Skewers (myskinnyseasons)	6.95
served on a bed of sautéed kale with grilled potato wedges and hummus	
VV Koshari	4.50
black lentils, rice, macaroni and chili pepper relish with a garnish of caramelized onions	
GFV Pasta-Less Lasagna	4.50
layered eggplants, carrots, zucchini and white onions with homemade tomato parmesan sauce	
GFVV Vegetable Zoodles ^{New}	5.95
zucchini spirals, carrots and potatoes served with a homemade tomato sauce, sun dried tomatoes and pine nuts	

V Vegetarian VV Vegan GF gluten free *no added sugar

Prices are subject to 10% service charge and 16% sales tax.

1 JD donation for King Hussein Cancer Foundation will automatically be added to your bill over 25JD, kindly inform us otherwise

PASTA

V Penne Pasta 5.95	homemade tomato sauce, homemade pesto sauce, cream sauce or aglio e olio
Spaghetti Bolognese 5.95	bolognese with a homemade tomato sauce or cream sauce

HOMEMADE DESSERTS

Warm Mixed Berries Crumble 3.95	*V Peanut Butter Chocolate Parfait 2.95
mixed berries in fresh orange sauce served with vanilla ice cream	yoghurt mixed with peanut butter*, cocoa powder, homemade granola*, medjool dates
Apple Pie 3.95	*GFV Acai Yoghurt Bowl ^{New} ?
served with vanilla ice cream	yoghurt mixed with acai & honey topped with sliced strawberries, bananas, pomegranate seeds and toasted almonds
Chocolate Cake 3.95	*V Oatmeal Pancakes (myskinnyseasons) 3.75
Choco Banana Crepe 3.50	oatmeal, eggs, banana, vanilla extract topped with honey, pomegranate, bananas and strawberries
*V Date Molasses served with tahini sauce 1.95	*V Guilt Free Date Bars (myskinnyseasons) 3.50
Ice cream (per scoop) 1.95	oatmeal, dates, shredded coconut, ground flaxseed, walnuts, served with yoghurt
*V WJC Healthy Homemade Ice Cream 1.95	
banana based ice cream	
*GFV Apple Pie Parfait 2.95	
yoghurt topped with sliced apples, walnuts, toasted almonds, a drizzle of honey and a dash of cinnamon	

KETO SECTION (low-carb, high-fat food)

Breakfast

Baked Avocado Boats ?	two baked eggs placed in avocado halves, topped with green onions and parmesan cheese with a side salad
------------------------------------	---

Salads

Boiled Eggs & Labaneh Balls Salad ?	boiled eggs, labaneh balls, mushrooms, local lettuce, cherry tomatoes, cucumbers topped with a homemade ranch dressing
Beef & Broccoli Salad ?	grilled broccoli, beef slices, cheddar cheese, red onions and fried garlic slices with a dijon mustard, apple cider and mayonnaise dressing

Mains

Almond Breaded Chicken Nuggets ?	baked almond breaded chicken nuggets with a spicy homemade mayonnaise dip and a side salad
Cheese Stuffed Chicken Breast with Cauliflower Rice ?	chicken breast stuffed with spinach, fennel and cream cheese, topped with a combination of white cheese sauce served with cauliflower rice, steamed broccoli

STILL & SPARKLING WATER

1L Filtered Water 0.50
Hildon Still Water (large) 3.50
Hildon Still Water (small) 1.75
Hildon Sparkling (large) 4.25
Hildon Sparkling (small) 2.50



V Vegetarian **VV** Vegan **GF** gluten free *no added sugar

Prices are subject to 10% service charge and 16% sales tax.

1 JD donation for King Hussein Cancer Foundation will automatically be added to your bill over 25JD, kindly inform us otherwise

FRESH JUICES, GREEN COCKTAILS & SMOOTHIES

fresh seasonal fruits are used in all our juices, smoothies & cocktails
(all fresh juices & smoothies available for takeaway)

Juices 3.75

Fresh Juice orange, carrot, strawberry, apple, banana, kiwi, lemon, tomato

Fresh Juice Cocktail choose a combination from any of our available fruits

Green Cocktails 3.25

- ✓ **Romaine Apple Mint**
apple, head of romaine lettuce, mint, lemon
- ✓ **Cucumber Ginger** apple, fresh cucumber, ginger, mint
- ✓ **Green Detox** apple, kiwi, celery, honey, spinach leaves, lime juice
- *✓ **Aloe Vera Goodness** organic aloe vera gel from RSCN reserves, cucumber, ginger, honey, lemon juice

Smoothies 3.75

- Frozen Lemonade Smoothie** lemon, zest of lime, mint
- Orange Lemonade Smoothie** slices of orange and lemon blended with orange and lemon juice
- Freshness Smoothie** strawberry, mint, lime
- Wild Smoothie** orange, strawberry, banana, vanilla ice cream
- Purple Rain Smoothie** strawberry, yoghurt, blueberry ice cream
- * **Date Smoothie** dates, mint, milk
- *✓ **Cinnamon Mocha** (myskinnyseasons) coffee, almond milk, medjool dates, walnuts, cinnamon
- *✓ **Protein Boost** (myskinnyseasons) vanilla protein, homemade granola*, almond milk, medjool dates, walnuts



TCHABA TEA SELECTION

3.25

- Royal Breakfast**
blend of black tea leaves
- Green Tea Curls**
green tea leaves rich in antioxidants
- Earl Grey Flora**
black tea, bergamot oil, violets
- Moroccan Nights**
green tea and mint
- Masala Chai**
black tea, black pepper, cardamom, ginger, star anise

Ask your server for

- A selection of our homemade ice tea flavors** 1.95
- * **A selection of garden grown herbs with boiled water** 1.75
- * **Cinnamon sticks** boiled with coconut flakes and walnuts 2.25
- * **Hot chocolate** sweetened with honey 3.25

COFFEE

- Turkish Coffee** 1.75
- Organic Italian Coffee** 3.95
- Nespresso Coffee**
- Ristretto** (espresso) 2.95
- Lungo** (american coffee) 2.95
- Decaffeinated** (nespresso) 2.95
- Leggero** (cappuccino) 3.25
- Latte Macchiato** 3.25
- Nespresso Coffee Cocktails**
- Chocolate Dream** 3.95
nespresso ristretto, chocolate ice cream, whipped cream, chocolate chip and mint
- Almond Coffee** 3.95
nespresso lungo, almond syrup, hot milk, whipped cream
- Vanilla Cappuccino** 3.95
nespresso leggero, vanilla ice cream, whipped cream, chocolate chip
- Iced Hazelnut Macchiato** 3.95
nespresso decaffeinated, hazelnut syrup, crushed ice

TCHABA ICE TEA COCKTAILS 3.75

- Iced Peach**
peach syrup, brown sugar, fresh lemon juice with royal breakfast tea
- Iced Berry**
cranberry juice, grenadine syrup with ginger calm tea
- Masala Tea**

SIGNATURE RESERVE TEAS 2.75

- Sage Herbal Tea**
- Rosemary Herbal Tea**
- Thyme Herbal Tea**
- Verbena Herbs** (malleeseh)

✓ Vegetarian ✓✓ Vegan GF gluten free *no added sugar

Prices are subject to 10% service charge and 16% sales tax.

1 JD donation for King Hussein Cancer Foundation will automatically be added to your bill over 25JD, kindly inform us otherwise