

Winter Lunch and Dinner Menu

Breakfast menu served separately

Daily Breakfast: 9:00 a.m. – 12:00 p.m. | Weekends: 9:00 a.m. – 1:00 p.m.

SOUPS, SALADS & STARTERS

VV Traditional Lentil Soup	3.50
served with toasted brown pita bread	
Soup of the Day (ask your waiter)	3.50
V Quinoa Salad	5.50
red and white quinoa with rocca, cherry tomatoes and orange infused raisins, topped with orange citrus vinaigrette	
VV Walnut Apple Flax Salad	4.75
chunks of apples, mixed greens, walnuts and flax seeds with dijon honey dressing	
VV Fatoush Za'atar Salad	4.50
fresh za'atar, tomatoes, cucumbers, green onions, lettuce, colored bell peppers, toasted pita bread with pomegranate molasses dressing	
V Sweet Potato Salad New	4.50
mixed greens, roasted sweet potatoes, tomatoes, grilled halloumi cubes, toasted walnuts with pomegranate sauce	
Chicken Avocado Salad	5.75
a mix of local lettuce, avocados, spring onions, grilled chicken breast and crumbled white feta cheese with citrus dressing	
VV Date Avocado Salad	5.25
freekeh with mixed greens, avocados, dates, with a balsamic vinaigrette sauce and a sprinkle of grilled pine nuts on top	
Shawerma Salad	5.50
shredded chicken shawerma, mixed greens, tomatoes, pitted local olives and grilled eggplant topped with a tahini and thyme dressing	
V Buddha Bowl (myskinnyseasons)	6.95
avocado, mixed greens, quinoa, sweet potatoes, roasted eggplants, chickpeas with honey mustard dressing	
Salad add on	
baked falafel balls	0.50
avocado	1.50
grilled chicken breast	2.00
beef strips	3.00
smoked salmon	3.00
2 boiled eggs	1.50
feta cheese	1.50
Mezze Sampler Platter	4.50
hummus, moutabal, baked falafel balls served with pita or whole wheat taboun bread	

KIDS' CORNER

Spaghetti	4.50
bolognese with a homemade tomato sauce or cream sauce	
Grilled Chicken Tenders	3.95
served with grilled wedged potatoes and mixed salad	
Mini-Lean Burger	4.95
with grilled wedged potatoes and mixed salad	

TRADITIONAL MEAL FOR 4

32.00

hummus, moutabal, potato mofarakah with mushrooms, fatoush salad, grilled halloumi, qalaya, chicken shawerma platter, meat shawerma platter, tahini dip, garlic dip, green and black olives, mixed pickles with seasonal mixed vegetables.

The above is served with pita or whole wheat taboun bread and filtered water



V Vegetarian **VV** Vegan **GF** gluten free *no added sugar

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LIGHT WRAPS & SANDWICHES

all sandwiches and light wraps are served with a side salad

V Grilled Halloumi	4.50
halloumi, tomatoes, sun-dried tomato paste with homemade pesto in multigrain bread	
Open-Faced Smoked Salmon and Avocado	8.25
avocado mousse with salmon, rocca, green onions, capers on multigrain bread	
Musakhan Rolls	7.25
shrak bread, onions, sumac and shredded chicken served with fresh yoghurt and cucumber	
Dibeen Chicken Shawerma	4.95
shrak bread with chicken shawerma, tahini sauce and pickles served with roasted potato wedges	
Dana Oriental Burger	4.95
kofta burger, with roasted tomato, tahini sauce with roasted potato wedges (may be served with lettuce only)	
Chicken Wrap ^{New}	5.95
sautéed chicken breast with bell peppers, white onions, cajun sauce, soy sauce and melted cheese wrapped in shrak bread served with hummus (may be served with lettuce only)	
Steak Sandwich	7.25
grilled tenderloin steak served with caramelized onions and yoghurt horseradish in multigrain bread	
add on: melted cheese	
VV Grilled Vegetable Wrap	3.50
cauliflower, potatoes, eggplants and tahini sauce in shrak bread, served with a tahini dip	
Gluten-free bread available upon request	
	2.00

WHOLESOME MAINS

Shaumari Clay Pot Spicy Chicken	7.50
marinated spicy chicken with coriander and curry served with basmati rice	
Ajloun Grilled Circassian Chicken	7.95
grilled chicken breast stuffed with circassian white cheese, grilled potato wedges, grilled vegetables and a homemade tomato parmesan sauce	
Umm Qais Grilled Chicken	7.95
marinated in fresh garden herbs, served with black olive sauce, grilled potato wedges and vegetables	
Azraq Grilled Lamb Chops	12.50
with onions, mushrooms, zucchini and eggplant served with grilled potato wedges and mint sauce	
Grilled Sea Bass ^{New}	13.50
with sautéed spinach, bell peppers, grilled potato wedges and lemon sauce	
Grilled Chicken Vegetable Skewers (myskinnyseasons)	6.95
served on a bed of sautéed spinach with grilled potato wedges or sweet potato wedges and hummus	
GFV Pasta Less Lasagna	4.50
layered eggplants, carrots, zucchini and white onions with homemade tomato parmesan sauce	
GEVV Vegetable Zoodles	5.95
zucchini spirals, carrots and potatoes served with herbed sauce, sun dried tomatoes and pine nuts	

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PASTA

V Penne Pasta	5.95
with homemade tomato sauce, homemade pesto sauce, cream sauce or aglio e olio	
Spaghetti	5.95
bolognese with homemade tomato sauce or cream sauce	

HOMEMADE DESSERTS

Warm Mixed Berries Crumble	3.95
mixed berries in fresh orange sauce served with vanilla ice cream	
Apple Pie	3.95
served with vanilla ice cream	
Chocolate Cake	3.95
Choco Banana Crepe	3.95
VV Date Molasses	1.95
served with tahini sauce	
Ice cream (per scoop)	1.95
*GFV Apple Pie Parfait	2.95
yoghurt topped with sliced apples, walnuts, toasted almonds, a drizzle of honey, a dash of cinnamon	
*V Banana Oatmeal Parfait ^{New}	2.75
yoghurt mixed with cocoa powder topped with oatmeal, sliced bananas, walnuts and a drizzle of honey	
*V Oatmeal Pancakes (myskinnyseasons)	3.75
oatmeal, eggs, banana, vanilla extract topped with honey & seasonal fruits	
*V Guilt Free Date Bars (myskinnyseasons)	3.50
oatmeal, dates, shredded coconut, ground flax seeds, walnuts, served with yoghurt	

STILL & SPARKLING WATER

1L Filtered Water	0.50
Hildon Still Water (large)	3.50
Hildon Still Water (small)	1.75
Hildon Sparkling (large)	4.25
Hildon Sparkling (small)	2.50
Infused Water	1.50
Detox Water	
Energizing Fruity Water	



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FRESH JUICES, GREEN COCKTAILS & SMOOTHIES COFFEE

Fresh seasonal fruits are used in all our juices, smoothies and cocktails
(all fresh juices and smoothies available for takeaway)

Juices 3.75

Fresh Juice orange, carrot, strawberry, apple, banana, kiwi, lemon, tomato

Fresh Juice Cocktail choose your own combination from any of the fruits available

Green Cocktails 3.25

✓ **Romaine Apple Mint** apple, head of romaine lettuce, mint, lemon

✓ **Cucumber Ginger** apple, fresh cucumber, ginger, mint

✓ **Green Detox** apple, kiwi, celery, honey, spinach leaves, lime juice

Smoothies 3.75

✓ **Frozen Lemonade Smoothie**

lemon, zest of lime, mint

✓ **Orange Lemonade Smoothie**

slices of orange and lemon blended with orange and lemon juice

✓ **Freshness Smoothie**

strawberry, mint, lime

Wild Smoothie

orange, strawberry, banana, vanilla ice cream

Purple Rain Smoothie

strawberry, yoghurt, blueberry ice cream

* **Date Smoothie**

dates, mint, milk

*✓ **Cinnamon Mocha** (myskinnyseasons)

coffee, almond milk, medjool dates, walnuts, cinnamon

Immunity Boosting 3.75

*✓ **Aloe Vera Goodness**

organic aloe vera gel from RSCN reserves, cucumber, ginger, honey, lemon juice

*✓ **Orange Warrior** ^{New}

blended orange, carrots, ginger (optional: honey)

*✓ **Apple Strength** ^{New}

apple, cucumbers, ginger with a dash of cinnamon powder and honey

Turkish Coffee 1.75

Organic Italian Coffee 3.95

Nespresso Coffee

Ristretto (espresso) 2.95

Lungo (american coffee) 2.95

Decaffeinated (nespresso) 2.95

Leggero (cappuccino) 3.25

Latte Macchiato 3.25

Nespresso Coffee Cocktails

Chocolate Dream 3.95

nespresso ristretto, chocolate ice cream, whipped cream, chocolate chip and mint

Almond Coffee 3.95

nespresso lungo, almond syrup, hot milk, whipped cream

Vanilla Cappuccino 3.95

nespresso leggero, vanilla ice cream, whipped cream, chocolate chip

Iced Hazelnut Macchiato 3.95

nespresso decaffeinated, hazelnut syrup, crushed ice

TCHABA ICE TEA COCKTAILS 3.75

Iced Peach

peach syrup, brown sugar, fresh lemon juice with royal breakfast tea

Iced Berry

cranberry juice, grenadine syrup with ginger calm tea

Masala Tea

SIGNATURE RESERVE TEAS 2.75

Sage Herbal Tea

Rosemary Herbal Tea

Thyme Herbal Tea

Verbena Herbs (malleeseh)

TCHABA TEA SELECTION 3.25

Royal Breakfast

blend of black tea leaves

Green Tea Curls

green tea leaves rich in antioxidants

Earl Grey Flora

black tea, bergamot oil, violets

Moroccan Nights

green tea and mint

Masala Chai

black tea, black pepper, cardamom, ginger, star anise

Jasmine Haze

white tea and jasmine blossom

Rosa

white tea, green tea, rose petals

Chamomile Breeze

chamomile, mint, hibiscus, lemongrass, orange peel

Ginger Calm

ginger, lemon, orange peels, licorice, mint, lemongrass

add almond milk 1.00

Ask your server for

A selection of our homemade ice tea flavors 1.95

* **A selection of garden grown** herbs with boiled water 1.75

* **Cinnamon sticks** boiled with coconut flakes and walnuts 2.25

* **Hot chocolate** sweetened with honey 3.25

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