Winter Menu - Breakfast



Daily Breakfast: 9 a.m. to 12 p.m. Weekends: 9 a.m. to 1 p.m.

TRADITIONAL BREAKFAST

Foul	1.95	Circassian Cheese Saj	3.50
		Za'atar Saj	
		Falalfel Saj with tahini sauce	
Moutabal	1.95	Qalaya mildly spicy cooked tomatoes	2.95
Beetroot Moutabal New	1.95	Seasonal Mixed Vegetable Platter	2.75
Fatteh Hummus	3.75	Mixed Homemade Pickles	2.50
add on: minced meat	1.00	Makdous	2.50
Labaneh Balls	2.95	stuffed small eggplants with walnuts and mild chili	
plain or coated with za'atar or sesame		Black or Green Olives	2.50
Grilled Halloumi	4.25	Reserve Honey	2.25
White Local Cheese		Reserve Jam	
Fresh Za'atar with olive oil	2.25		
Falafel (5 pieces)	1.95		
•		The above is served with pita or whole wheat taboun bread	d

EGGS

LARGE TRADITIONAL BREAKFAST

25.00 (meal for 4)

hummus, foul, mofarakah potato, saj cheese and za'atar, plain labaneh balls, grilled halloumi, qalaya, makdous, green and black olives, mixed pickles and seasonal mixed vegetable platter.

All the above is served with pita or taboun bread, brewed black tea with sage and filtered water

Eggs Any Style (3 eggs)	3.50
your choice of omelette, scrambled, poached, sunny	y side
up, over easy, hardboiled	
Mofarakah	4.25
eggs with potatoes and a dash of parsley	
Eggs Benedict with Salmon	5.95
poached eggs with smoked salmon and hollandaise s	auce
Shakshuka	3.25
eggs with tomatoes, bell pepper, onion, garlic with	n chili
pepper	
All the above is served with roasted potatoes, grilled mushro	om,
arilled tomato and fresh zatar local nita or whole wheat taho	

grilled tomato and fresh zatar, local pita or whole wheat taboun bread

CONTINENTAL BREAKFAST

French Toast two pieces of white toast topped with reserve ho or maple syrup *VV Avocado on Toast	ney	GFV Apple Pie Parfait 2.95 yoghurt topped with sliced apples, walnuts, toasted almonds and a drizzle of honey and a dash of cinnamon
two pieces of wholegrain toast topped with special hummus, sliced avocados, cherry toma and flax seeds add on: poached eggs 1.50 smoked salmon 3.	our toes	*⊻ Banana Oatmeal Parfait 2.75 yoghurt mixed with cocoa powder topped with oatmeal, sliced bananas, walnuts and a drizzle of honey
Pancakes	3.25	*V Oatmeal Pancakes (myskinnyseasons)
extra toppings vary		oatmeal, eggs, banana, vanilla extract topped with
Choco Banana Crepe	3.95	honey and seasonal fruits
*GFV Orange Infused Smoothie Bowl New	3.25	Make your own Yogurt bowl 1.50
yoghurt topped with a creamy orange and bana smoothie with orange slices, raisins, shaved almonds and a dash of cinnamon	na	fresh yogurt with your choice of toppings

EXTRA TOPPINGS

Fresh Seasonal Toppings apple, banana, orange and seasonal fruits	0.75
Frosting	1.50
chocolate syrup, maple syrup, reserve honey, reserve jam, nutella	
Non-dairy milk	1.50
a full glass of almond milk	
Nuts	1.0
walnuts, almonds, flax seeds	
Crunch	2.5
oats	

HOMEMADE DESSERTS

Warm Mixed Berries Crumble mixed berries in fresh orange sauce served with vanilla ice cream Apple Pie served with vanilla ice cream Chocolate Cake *V Guilt Free Date Bar (myskinnyseasons)	3.95 3.95	VV	WJC Sugar Free Carob Bar WJC garden picked fresh carob, coconut flak dark chocolate (with no added sugar), coconut Date Molasses served with tahini sauce Ice cream (per scoop)	es, : oil 1.95
*⊻ Guilt Free Date Bar (myskinnyseasons)	3.50			

STILL & SPARKLING WATER



FRESH JUICES, SMOOTHIES & GREEN COCKTAILS

Fresh seasonal fruits are used in all our juices, smoothies & cocktails (all fresh juices & smoothies available for takeaway)

Juices 3.75

Fresh Juice orange, carrot, strawberry, apple, banana, kiwi, beetroot, lemon, tomato **Fresh Juice Cocktail** choose your own combination from any of the fruits available

Green Cocktail 3.25

- ▼ Romaine Apple Mint apple, head of romaine lettuce, mint, lemon
- ▼ Cucumber Ginger apple, fresh cucumber, ginger, mint
- ✓ Green Detox apple, kiwi, celery, honey, spinach leaves, lime juice

Smoothies 3.75

V Frozen Lemonade Smoothie

lemon, zest of lime, mint

✓ Orange Lemonade Smoothie

slices of orange and lemon blended with orange and lemon juice

▼ Freshness Smoothie

strawberry, mint, lime

Wild Smoothie

orange, strawberry, banana, vanilla ice cream

Purple Rain Smoothie

strawberry, yoghurt, blueberry ice cream

Date Smoothie

dates, mint, milk

*VCinnamon Mocha (myskinnyseasons)

coffee, almond milk, medjool dates, walnuts, cinnamon

Immunity Boosting 3.75

* ✓ Aloe Vera Goodness

organic aloe vera gel from RSCN reserves, cucumber, ginger, honey, lemon juice

*** V**Orange Warrior

Blended orange, carrots, ginger (optional: honey)

*VBeetroot Strength New

beetroot, carrot, apple, orange, ginger with a dash of honey



COFFEE

Turkish Coffee Organic Italian Coffee		Nespresso Coffee Cocktails Chocolate Dream	3.95
Nespresso Coffee Ristretto (espresso) Lungo (american coffee) Decaffeinated (nespresso) Leggero (cappuccino) Latte Macchiato	2.95 2.95	nespresso ristretto, chocolate ice cream, whipped cream chocolate chip and mint Almond Coffee nespresso lungo, almond syrup, hot milk, whipped cream Vanilla Cappuccino nespresso leggero, vanilla ice cream, whipped cream, chocolate chip Iced Hazelnut Macchiato nespresso decaffeinated, hazelnut syrup, crushed ice	3.95 am

TCHABA ICE TEA COCKTAILS 3.75

Iced Peach

peach syrup, brown sugar, fresh lemon juice with royal breakfast tea

Iced Berry

cranberry juice, grenadine syrup with ginger calm tea

Masala Tea

SIGNATURE RESERVE TEAS

2.75

Sage Herbal Tea Rosemary Herbal Tea Thyme Herbal Tea Verbena Herbs (malleeseh)

TCHABA TEA SELECTION

3.25

Royal Breakfast

blend of black tea leaves

Green Tea Curls

green tea leaves rich in antioxidants

Earl Grey Flora

black tea, bergamot oil, violets

Moroccan Nights

green tea and mint

Masala Chai

black tea, black pepper, cardamom, ginger, star anis

Jasmine Haze

white tea and jasmine blossom

Rosa

white tea, green tea, rose petals

Chamomile Breeze

chamomile, mint, hibiscus, lemongrass, orange peel

Ginger Calm

ginger, lemon, orange peels, licorice, mint, lemongrass

Ask your server for

* Wellness drink fresh boiled ginger with cardamom, lemon and cinnamon New	1.75
A selection of our homemade ice tea flavors	1.95
* A selection of garden grown herbs with boiled water	1.75
* Cinnamon sticks boiled with coconut flakes and walnuts	2.25
* Hot chocolate sweetened with honey	3.25